



**भारतीय राजमार्ग अभियन्ता अकादमी**  
(सड़क परिवहन एवं राजमार्ग मंत्रालय, भारत सरकार)  
**Indian Academy of Highway Engineers**  
(Ministry of Road Transport and Highways, Govt. of India)

**Design of PSC (Cast in Situ, Pre Cast Girder with cast in situ slab) Super Structure Bridge on Pile/Well Foundation**

Day 1	
Time Period	Description of Topic
<b>Day-01</b>	
09.45-13.00	<b>Site Selection and Hydraulic calculations for bridges</b> <ul style="list-style-type: none"> <li>❖ Site selection for bridges</li> <li>❖ Hydrology and Hydraulic Calculations</li> <li>❖ HFL determination methods</li> <li>❖ Determination of design discharge through various methods</li> <li>❖ Span arrangement</li> <li>❖ Determination of Afflux and Linear Waterway ( for alluvial plain as well as for hilly terrain)</li> <li>❖ Fixing of FRL and factors considered therefore</li> <li>❖ Scour depth calculations for bridges</li> <li>❖ Various IRC codal provisions of IRC:SP-13</li> <li>❖ Case study for hydraulic calculation and site selection</li> </ul>
14.00-17.15	<b>Components of Bridge and Selection criteria</b> <ul style="list-style-type: none"> <li>❖ Components of a bridge for different structural arrangements</li> <li>❖ Type of bridges and selection criteria</li> <li>❖ Selection criteria for foundations</li> <li>❖ Selection criteria for substructure and earth retaining structures</li> <li>❖ Selection criteria for superstructure</li> <li>❖ Selection criteria for bearings</li> <li>❖ Selection criteria for expansion joints</li> </ul>
<b>Day-02</b>	
09.45-13.00 + 14.00-17.15	<b>Types of Foundation, Geotechnical investigations</b> <ul style="list-style-type: none"> <li>❖ Geotechnical investigation for selecting type of foundation and founding level               <ul style="list-style-type: none"> <li>• Equipment for boring</li> <li>• In-situ tests</li> <li>• Collection of Soil Sample</li> <li>• Types of test performed on each type of sample</li> <li>• Bore log data and corrections required thereon</li> <li>• Net safe bearing capacity for clayey soil and c-<math>\phi</math> soil</li> <li>• Rock coring and evaluation of properties of rock</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>• Recommendation for type of foundation and founding level</li> <li>• Accuracy</li> <li>❖ Calculation of bearing capacity for different type of foundation</li> <li>• Criteria for selecting founding level for open foundation and deep foundation considering scour depth</li> <li>• Depth of founding level in soil, soft rock and hard rock</li> <li>❖ Various IRC codal provisions of IRC:78-2014</li> </ul>
<b>Day-03</b>	
09.45-13.00	<b>Design loads for bridges</b> <ul style="list-style-type: none"> <li>❖ Design loads (Dead Load, Super Imposed Load, Live Load, Wind Load, Seismic loads, earth pressure, water pressure, buoyancy force etc.) for bridges as per IRC: 6</li> <li>❖ Liquefaction of soil under seismic conditions</li> </ul>
14.00-17.15	<b>Design Concepts of Long Span Bridges</b> <ul style="list-style-type: none"> <li>❖ Suspension Cable Bridges</li> <li>❖ Cable Stayed Bridges</li> <li>❖ Extra doted Bridges</li> <li>❖ Bow String Bridge</li> <li>❖ Steel and Composite Bridges</li> </ul>
<b>Day-04</b>	
09.45-13.00 + 14.00-17.15	<b>Pile, Pile Capacity and Design of Piles</b> <ul style="list-style-type: none"> <li>❖ Classification of piles based on <ul style="list-style-type: none"> <li>• the mechanism of load transfer (i.e. end bearing &amp; friction piles),</li> <li>• Materials of construction (i.e. steel and concrete piles) and</li> <li>• methodology of construction (i.e. driven precast, driven cast-in-situ, bored precast &amp; bored cast-in-situ piles)</li> </ul> </li> <li>❖ Load carrying capacity of piles in granular &amp; cohesive soil</li> <li>❖ Worked out example of load carrying capacity of piles</li> <li>❖ Requirements of socket length in rock</li> <li>❖ Spacing of end bearing and friction piles</li> <li>❖ Dimensions of the pile cap</li> </ul>

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	<ul style="list-style-type: none"> <li>❖ Calculation of forces in piles</li> <li>❖ Structural design of piles</li> <li>❖ Structural design of pile caps</li> <li>❖ Detailing of piles and pile caps</li> <li>❖ Worked out example of design of Pile ( Bored Cuts in Situ) and Pile cap</li> </ul>
<b>Day-05</b>	
09.45-13.00 + 14.00-17.15	<b>Design and detailing of well foundations</b> <ul style="list-style-type: none"> <li>❖ Shape of wells</li> <li>❖ Components of a well (i.e. cutting edge, well curb, well steining, bottom plug, selected fill, intermediate/top plug &amp; well cap)</li> <li>❖ Minimum grip length</li> <li>❖ Size of wells</li> <li>❖ Minimum distance between adjacent wells</li> <li>❖ Design of wells with respect to sub-surface soil</li> <li>❖ Design and detailing of cutting edge</li> <li>❖ Design and detailing for well curb</li> <li>❖ Design and detailing for well steining</li> <li>❖ Design requirements for bottom plug/intermediate plug/ top plug</li> <li>❖ Design and detailing of well cap</li> <li>❖ Worked out example of Well (Single Well and Circular Well) Foundation design and detailing</li> </ul>
<b>Day-06</b>	
09.45-13.00 + 14.00-17.15	<b>Design and detailing of sub structures</b> <ul style="list-style-type: none"> <li>❖ Design and detailing of abutments</li> <li>❖ Design and detailing of abutment caps</li> <li>❖ Design and detailing of piers</li> <li>❖ Design and detailing of pier caps</li> <li>❖ Design and detailing of bearings, bearing pedestals &amp; reaction blocks</li> <li>❖ Design and detailing of return walls, dirt walls &amp; wing walls</li> </ul>

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	❖ Worked out examples of each components of sub structure (Solid RCC embankment with Cantilever retrun wall, pier, pier cap, abutment cap, POT-PTFE bearing)
<b>Sunday-Period for revision and assignment completion</b>	
<b>Day-07</b>	
09.45-13.00 + 14.00-17.15	<b>Grillage analysis and design of RCC beam ( demonstration by faculty)</b> <ul style="list-style-type: none"> <li>❖ Grillage analysis of RCC beam and slab type deck (having same concrete grades for beams and slab)</li> <li>❖ Design of beams of above mentioned grillage analysis</li> <li>❖ Design of deck slab</li> <li>❖ Detailing of RCC beams and slab of above mentioned example</li> </ul>
<b>Day-08</b>	
09.45-13.00 + 14.00-17.15	<b>Grillage analysis and design of RCC beam ( Hands on practice by trainees)</b> <ul style="list-style-type: none"> <li>❖ Grillage analysis of RCC beam and slab type deck (different example, to be done by the participants)</li> <li>❖ Design of beams of above mentioned grillage analysis (to be done by the participants)</li> <li>❖ Design of deck slab (to be done by the participants)</li> <li>❖ Detailing of RCC beams and slab (to be done by the participants)</li> </ul>
<b>Day-09</b>	
09.45-13.00 + 14.00-17.15	<b>Basic theory of Pre-stressing, losses, design steps and anchorage system</b> <ul style="list-style-type: none"> <li>❖ Basic theory of pre-stressed concrete</li> <li>❖ Losses of pre-stress</li> <li>❖ Economical profile of pre-stressing tendon for simply supported girders, continuous girders, cantilevers, portals and sequentially cast spans</li> <li>❖ Typical design steps for design of pre-stressed concrete members</li> <li>❖ Advantages and limitations of pre-stressed concrete</li> <li>❖ Typical cross sections of pre-stressed concrete members</li> <li>❖ Forms and properties of pre-stressing tendon (i.e. wires, strands, tendon, cable &amp; bars)</li> <li>❖ Types of pre-stressing</li> </ul>

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	<ul style="list-style-type: none"> <li>• Internal &amp; external pre-stressing along with uses, comparisons, merits &amp; limitations</li> <li>• Pre-tensioning &amp; post-tensioning along with uses, comparisons, merits &amp; limitations</li> <li>• Full, limited &amp; partial pre-stressing along with their applications</li> <li>• Uniaxial &amp; biaxial pre-stressing</li> <li>❖ Bonded and unbonded tendons for pre-stressed concrete members</li> <li>❖ Spacing and cover to pre-stressing (cable) ducts for post-tensioned concrete</li> <li>❖ Spacing and cover to pre-stressing strands for pre-tensioned concrete</li> <li>❖ Anchorage Block</li> <li>❖ General and local anchorage zones in pre-stressed concrete</li> <li>❖ Requirement of anti-burst (spiral reinforcement) around trumpet in post-tensioned concrete</li> <li>❖ Use of blister and deviator blocks in pre-stressed concrete superstructure.</li> <li>❖ Stages of pre-stressing</li> </ul>
<b>Day-10</b>	
09.45-13.00 + 14.00-17.15	<b>Grillage analysis and design of Pre-stressed girders</b> <ul style="list-style-type: none"> <li>❖ Grillage analysis of prestressed concrete beam and slab type deck (having different concrete grades for beams and slab)</li> <li>❖ Design of prestressed concrete beams of above mentioned grillage analysis</li> <li>❖ Detailing of prestressed concrete beams</li> </ul>
<b>Day-11</b>	
09.45-13.00 + 14.00-15.30	<b>Grillage analysis and design of Pre-stressed girders (to be done by the participants)</b> <ul style="list-style-type: none"> <li>❖ Grillage analysis of prestressed concrete beam and slab type deck (having different concrete grades for beams and slab)</li> <li>❖ Design of prestressed concrete beams of above mentioned grillage analysis</li> <li>❖ Detailing of prestressed concrete beams</li> </ul>
15.45-17.15	<b>Test, Feedback, Concluding and Distribution of Certificates</b>